

When a loved one dies, “all we have left”, is EVERYTHING.

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Our culture does not understand death. That is because it does not understand life. Much of life is lived as if dead. Therefore, when death comes, we have grief, but not the consolation that comes from God visiting the soul in our grief. There are tales of people that have worn mourning clothes for 60 years or more or have been bitter to the end of their life because someone they loved, such as a child or spouse or parent, has died very early in life. Some people think that they have “nothing left” when someone they love has died. This is not true.

If you pray and love others, "all you have left" is everything. Anything else has no permanent meaning.

I have lost a son, in the bloom of youth. +Daniel was only 20 when he drowned (+2017-06-11). His birthday occurred during his 40 days. The extreme grief is and continues to be energy, which directs my life, which is fuller, busier, more prayerful, more active in inner and outer ways, and more filled with joy and pain.

By God's mercy, and also directly related by my efforts to channel the energy of grief, the extreme grief has mostly subsided (those who have walked this path know what I mean), but the energy has increased. I am more after my son's death and because of his death, and not less. I hope you, the reader, if you have lost something and grieve greatly, will experience this transformation also. My wife Marina and I will always talk to people about our grief and our transformation. Contact me at seraphim@orthodox.net if you desire.



<http://www.orthodox.net/daniel>

[+Daniel Holland - In memory and prayer and deed.](#)