

PRAYER FOR THE GIFT OF THE JESUS PRAYER

(Compiled by the Elders of Optina Monastery)

Lord Jesus Christ, Son of God!

Angels and men bow down before Thy Name. The powers of hell tremble before it.

Thy Name is the sure weapon which drives away all adversaries.

Thy Name scorches sins and passions.

Thy Name gives strength in ascetic labors, gathers our scattered mind into one, and enriches us with virtues in the fulfillment of Thy commandments.

Thy name works miracles and unites us with Thee, grants us peace and joy in the Holy Spirit, and the Heavenly Kingdom is possible in the future life.

Therefore I, thine unworthy slave, pray to Thee: drive from us our spiritual ignorance, enlighten us with the knowledge of Divine Truth, and teach us to ceaselessly repeat this prayer undistracted, in humility, attentively, with a feeling of repentant contrition, with our mind and heart, [*according to our vows of monasticism*].

"Lord Jesus Christ, Son of God, have mercy on me a sinner. "

Thou hast said, O Lord, with Thy most pure lips: "Whatsoever ye shall ask in My name, that will I do." (Jn 14:13).

Through the prayers of Thy Most Pure Mother, (*other saints...*) and our Holy Fathers,

I ask through Thy Name for the prayer of Thy most holy and all powerful Name.

Hear me, Thou who didst promise to hear all those who call out to Thee in Truth. For Thine it is to show mercy and save, and to grant prayer to those who pray to Thy Glory, with the Father and the Holy Spirit. Amen.

Source: "May God give you wisdom! Letters of Fr. John Krestiankin", page 146

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